



St. Hilary Catholic School March 2024

March's Virtue of the Month: Forgiveness

The Bible teaches that unselfish love is the basis for true forgiveness, since "it keeps no record of wrongs" (1 Corinthians 13:5). Forgiving others means letting go of resentment and giving up any claim to be compensated for the hurt or loss we have suffered.

Welcome to the February recap!! This month was filled with memorable events, from the solemn observance of Ash Wednesday Mass to the festive celebrations of Shrove Tuesday and Mardi Gras. Let's delve into the exciting events that shaped the month with our monthly highlights.

March is also shaping up to be a busy month with our Spirit Week, Popcorn sale days, a trip out to Mount Baldy for our Grade 1-8 students, and a staff vs. student volleyball match up. We will also be hosting a sock-hop for all students after lunch on Friday, March 8 from 2:00-2:45 as we get ready to break for our March Break. Chips and Pop will be available for sale at the sock hop for \$1 each.

Enjoy reading through the newsletter as we recap February and get ready to look forward to March.

Mark Your Calendars March:

- Student Council is hosting a fitness challenge this month
- 3 - order deadline for Purdy's chocolate fundraiser
- 4-8 Spirit Week (details on page 4)
- 4 - Popcorn order form due
- 6 - \$2 Popcorn Day
- 7 - Grade 1-8 Mount Baldy
- 8 - Staff vs. Student Volleyball Game and Sock Hop (after lunch)
- 11-15 March Break
- 20 - \$2 Popcorn Day
- 27 - \$ 2 Popcorn Day

Bell Times

Entry Bell - 8:50 am
Nutrition Break - 10:30-11:00 am
Lunch Break - 12:40 - 1:25 pm
Dismissal - 3:05 pm

Stay up to Date

For the latest updates, follow St. Hilary Catholic School on Facebook and the on the board website at www.sncdsb.on.ca




Ash Wednesday

On Wednesday, February 14th, students and staff celebrated Ash Wednesday Mass with Father Bonaventure. Ash Wednesday is important as it marks the beginning of the Lenten season. As our foreheads are marked with ashes in the sign of our faith, we commit ourselves anew to prayer, fasting, and almsgiving.


WHAT IS LENT?

It commemorates the **40 days** before the **Passion, Death and Resurrection of Jesus**, based on: the **40 years** in which the Israeli wandered the desert and the **40 days** in which Jesus was tempted by Satan.


THE 3 PILLARS OF LENT



PRAYER
It helps us be close to Christ and in constant dialogue with Him, joining Him in his sacrifice in the Cross.



FASTING AND ABSTINENCE
Both are practiced on **Ash Wednesday** and **Good Friday**. Abstinence is practiced **every Friday** during Lent.



ALMSGIVING
Giving what we have helps us to understand Christ's generosity in the Cross.



LENT FEAST DAYS

- PALM SUNDAY** ▶ Jesus' entrance into Jerusalem
- HOLY THURSDAY** ▶ Last Supper and Passover
- GOOD FRIDAY** ▶ Jesus' death on the Cross
- EASTER SUNDAY** ▶ Jesus has resurrected!



WHEN DOES LENT BEGIN?

Lent begins with **Ash Wednesday**, where we remember our mortality and need for repentance.


FASTING

-  ONE MEAL A DAY
-  MANDATORY FROM 18 TO 59 YEARS OLD

ABSTINENCE

-  NO MEAT (ONLY FISH)
-  MANDATORY FROM 14 YEARS OLD

"Make our hearts like yours" (Litany of the Sacred Heart of Jesus)




Virtue Leadership for February!!

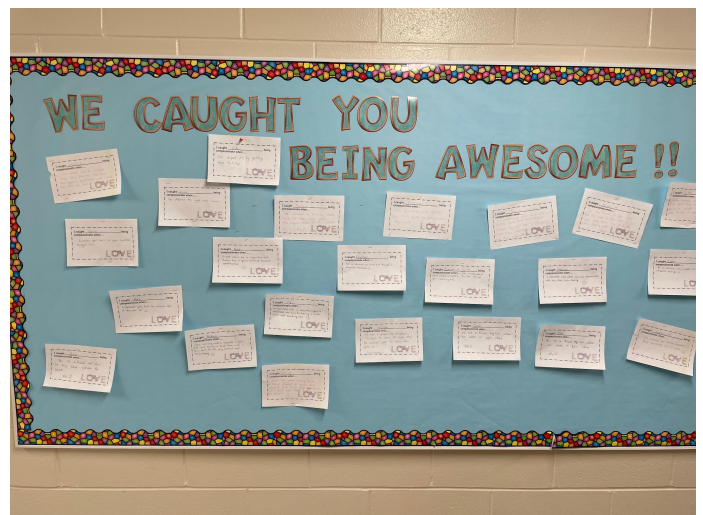
The virtue of the month for February was compassion. Students learned that we show compassion when we:

- are helpful to a person or animal in need
- notice when someone is hurt or needs a friend
- imagine how another person might be feeling
- take time to show you care
- forgive others when they make mistakes
- reach out in the community to share our resources and skills

This month our student classroom leaders for compassion were:

- Quinn Smith
- Sophie Muir
- Wyatt Glena
- Alex Zanandrea
- Ember Smith
- Greysen Wynne
- Henley Muir
- Lochlan Gemmell

We are so thankful for our student leaders and all of the leaders who were caught in the act. Winning the \$10 gift card from Dampier's Offshore Variety were Emerson Marchand, Wyatt Glena, and Fia Morton.

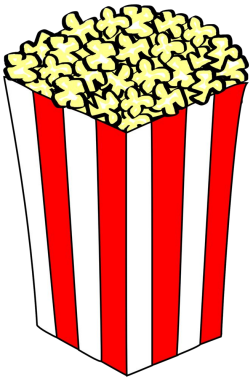




Student Council News

We are so thankful for our student council and the wonderful initiatives that they are hosting school-wide.

During the season of Lent, we talk about the importance of giving back to the community and student council would like to raise money to support a local pet rescue. On March 6, 20, and 27 popcorn will be sold for \$2. Order forms are due back to the office on March 4 and orders will be delivered during the lunch break.



Student council is also hosting a fitness challenge for the month of March. Calendars and further information will be handed out to each family.



March 2024 St. Hilary Fitness Challenge

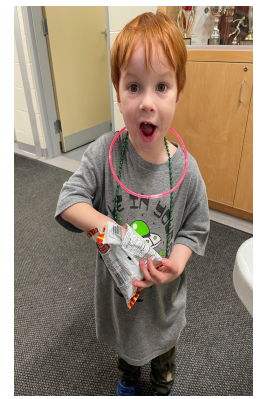


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Check off when you finish an activity and have your parents/guardians initial the day! ✓</p>	<p>Student Name:</p> <p>Classroom Teacher:</p> <p>Parent Signature:</p>				<p>1 Do jumping jacks every time a commercial on tv comes on</p>	<p>2 Do something fun outside! Go for a hike, a walk, play in your backyard.</p>
<p>3 Yoga Sunday</p> <p>Click the photo to try the online yoga workout</p>	<p>4 Do squats while watching 3 commercials on tv</p>	<p>5 Put your toes under the couch and do 15 curl ups</p>	<p>6 Activity of your Choice!</p>	<p>7 Get some cans of food and do lunges to your favourite song</p>	<p>8 Jog 3 times around the outside of your home or block</p>	<p>9 Do something fun outside! Go for a hike, a walk, play in your backyard.</p>
<p>10 SPRING BREAK! Explore some local nature trails!</p> <p>Try a Hike to the Bald Spot</p>	<p>11 SPRING BREAK! Explore some local nature trails!</p> <p>Try a Hike on the Nipigon River Trail</p>	<p>12 SPRING BREAK! Explore some local nature trails!</p> <p>Try a Hike to Lloyds Lookout Red Rock</p>	<p>13 SPRING BREAK! Explore some local nature trails!</p> <p>Try a Hike to Loftquist Lake lookout</p>	<p>14 Activity of your Choice!</p>	<p>15 SPRING BREAK! Explore some local nature trails!</p> <p>Try a Hike up Red Rock Mountain</p>	<p>16 Do something fun outside! Go for a hike, a walk, play in your backyard.</p>
<p>17 Yoga Sunday</p> <p>Click the photo to try the online yoga workout</p>	<p>18 Jog in place while answering 10 math questions given to you by a family member</p>	<p>19 Challenge a family member to a jumping jack race to 50</p>	<p>20 Do a plank while spelling your name 3 times</p>	<p>21 Do the bicycle while counting to 100 by 2's</p>	<p>22 Activity of your Choice!</p>	<p>23 Do something fun outside! Go for a hike, a walk, play in your backyard.</p>
<p>24/31 Yoga Sunday</p> <p>Click the photo to try the online yoga workout</p>	<p>25 With your back flat against a wall, do a wall sit for 60 seconds</p>	<p>26 Say the alphabet and do a jump squat for each letter</p>	<p>27 Pretend to hula hoop while counting to 20. If you have a hula hoop use it.</p>	<p>28 Make up your own fitness activity to try with a family member!</p>	<p>29 Pick one of your favourite days and do it again!</p>	<p>30 Pick one of your favourite days and do it again!</p>

St. Hilary Parent Council Hosts our First Family Dance

On Thursday, February 8th, St. Hilary Parent Council hosted our first Mardi Gras Family Dance with all proceeds going to the Student Fund. We need to send a special thank you to Sweet Treats and More for donating the proceeds of the cotton candy sales as well as to members of our student council for coming and helping to run the canteen. It was a great night of dancing and fun with a total of \$273 dollars being raised.

Thank you to all of the families who came out to join us and make our family dance such a great success!! Parent council is always looking for new members. Our next meeting is scheduled for May 27th. Please feel free to join us and be a part of planning fun events for our students and families.



St. Hilary Spirit Week March 4 - 8

Monday



PJ Day

Time to end the week in our comfiest PJs

Tuesday



Jersey Day

Proudly rep your favourite team

Wednesday



Twin Day

Find your twin and dress the same

Thursday



School Colour Day

Show your school spirit by wearing your blue and gold or school clothing

Friday



Crazy Hair/ Hat Day

Let's see your wildest hair style

A Minion Reasons to Come to School!!



Students have been busy this month listing “a Minion” reasons why they like coming to school.

Each entry earns students a chance at winning a draw prize sponsored by Michelle Edmond our attendance counsellor.

Next time you’re in the school, feel free to check out all of the wonderful reasons why our students like coming to school!!



Google
Reviews ★★★★★

**Please tell us what you
love about our school!**



“Together We Educate Heart, Mind and Soul.”